Spring Cleaning Checklist

General Cleaning



- Sweep and mop or vacuum all floors and rugs
- Dust all surfaces, including furniture, shelves, and decor
- Empty all trash cans and replace liners
- Wipe down all appliances, including the stove, oven, microwave, and refrigerator

Kitchen Cleaning

- Clean and sanitize all surfaces where food is prepared, including countertops, cutting boards, and sinks
- Clean the stovetop, oven, and microwave
- Clean and organize the refrigerator and freezer, disposing of expired food items
 - Wash dishes and clean the sink

Bedroom Cleaning

- Change the sheets and pillowcases
 - Dust all surfaces, including furniture, shelves, and decor
 - Vacuum or sweep the floor and rugs
 - Straighten up and organize the closet and dresser



- O Wipe down mirrors and windows
- O Disinfect all high-touch surfaces, such as doorknobs, light switches, and countertops
- O Clean and sanitize toilets, sinks, and showers/bathtubs
- O Straighten up and organize all living spaces

Bathroom Cleaning

- O Clean and sanitize toilets, sinks, and showers/bathtubs
- O Clean mirrors, windows, and any other surfaces
- \bigcirc Replace towels and bath mats
- \bigcirc Empty and clean the trash can

Other Cleaning Tasks

- O Clean windows and screens
- Dust blinds and curtains
- Clean light fixtures and ceiling fans
- Clean and dust baseboards and molding
- O Deep clean carpets and upholstery
- Clean and organize the garage or storage areas

